

Finding Your "Why"

What is your "why?"

It's the reason behind your purpose. It's your driving motivation that gets you out of bed in the morning. Your "why" spurs your perseverance.

When you're stuck in the mud, your "why" is the low gear in a 4-wheel drive that motors you forward and helps you get your feet back on solid ground.

Your "why" is the key to your perseverance, therefore it's crucial that you not only know your "why" but can explain it to others.

Below are several questions that will help you identify and effectively communicate your "why":

What activity makes you forget to eat and keeps you awake until the wee hours of the morning? (Refer to your session 1 worksheets if necessary.)

What makes you enjoy it to this degree?

Why does it consume your heart and mind?



Finding Your Why

If you were to fulfill your purpose – execute it with excellence, who’s life would it touch (maybe 1 person, maybe a group of people)?

What impact can your purpose have on your immediate family?

On your friends/neighbors/coworkers?

On complete strangers? On people around the world?

What potential impact does your purpose have on future generations of people?

Does your purpose include a vision that’s bigger than something you can do yourself? (Will you have to bring in others to accomplish your dream)? If yes – this is evidence of a God-sized dream!

Do you feel that the Lord has assigned this purpose to you? Why do you feel that way? What evidence have you gathered to support this?



Finding Your Why

How does your purpose add meaning to your life?

How do you believe your purpose pleases the Lord?

Are there Biblical commands or instruction that fuel your mission?

Does your purpose utilize your life experiences, your spiritual gifts, and your natural abilities?

How so?

Spend time in prayer and consider the following question before the Lord: If you were going to describe your purpose and the reason behind it to a friend, what would you say?

